

Parkview Women's & Children's Hospital



EXPERT

The Parkview Women's & Children's Hospital on the Parkview North campus delivers care in new and innovative ways by providing a healing environment dedicated entirely to women and children.

Every expectant mother plans to have an uncomplicated pregnancy and delivery. When special needs arise, Parkview's state-of-the-art Newborn Intensive Care Unit (NICU) offers technology and expert nursing care. The 31-bed NICU features private rooms in which parents and newborns share living space, allowing parents and other family members to participate in the care of their infants and encouraging the bonds so essential during the early stages of life. Board-certified neonatologists provide physician coverage 24 hours each day, seven days a week. Private rooms also reduce light and sound stimuli, which can be harmful to premature infants.

Most newborns will not need the specialized care provided by the NICU. These infants and their families will thrive within the caring atmosphere and personal attention of the Parkview Family Birthing Center. Nearly 2,500 infants are born at the Family Birthing Center of Parkview Hospital and Parkview North each year.

The Parkview Women's & Children's Hospital features a central courtyard that allows natural light to enter the interior rooms. Patients, families and guests also enjoy the courtyard as a relaxing area during their stay.

Whether a woman's need concerns giving birth and the health of her child, personal fitness or age-related concerns, the Parkview Women's & Children's Hospital provides comfort, greater privacy, helpful resources and access to technology.



Parkview Women's Health Center

The Parkview's Women's Health Center recognizes the unique health and wellness needs of women individually throughout the various stages of their life. The center works with physicians, nurse practitioners and other medical and support staff who share the passion for holistic health to offer a comprehensive, coordinated and accessible network of care for the mind, body and spirit.

By joining the Parkview Women's Health Center membership program, women have access to a support system that nurtures well being and enriches lifestyle. Members receive special invitations to many members-only events featuring speakers, health screenings and much more.

The Women's Health Center has developed many classes and services that have a positive impact for women across their lifespan. Some of the Center's offerings include:

Massage Services:

- Swedish Massage
- Hot Stone Therapy
- Belavi Facelift Massage
- Parrafin Wax Treatment

Exercise programs:

- NIA classes
- Yoga classes

Wellness and nutrition programs:

- A variety of wellness and nutrition programs and services are offered throughout the year, including cooking classes, heart health, stress management, family health, safety and more.

Prenatal programs:

- Free Maternity Club "Great Expectations"
- A variety of prenatal classes -- Preparing for Childbirth, Parenting Classes, Breastfeeding Classes, and Sibling Classes

Support and Discussion Groups:

- Experienced professionals provide leadership for groups in a warm and welcoming gathering place.

Skin Care:

- Visit the Women's Health Center to learn about L'ATHENE, a line of pure cosmeceutical skin treatments that combat signs of aging, target fine lines and wrinkles and help repair sun damage.

Other Services Available:

- Personal wellness profiles
- Lactation consultants
- Licensed private practice mental health counselor
- Lending library, internet accessibility and free education materials

Women's Health Services Offered at Parkview:

Obstetrics/Family Birthing Center • Newborn Intensive Care Unit (NICU)
Gynecological Procedures • Mammography



PARKVIEW

WOMEN'S & CHILDREN'S HOSPITAL

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