

# PARKVIEW WOMEN'S & CHILDREN'S HOSPITAL



EXPERT

**T**he Parkview Women's & Children's Hospital on the Parkview North campus delivers care in new and innovative ways by providing a healing environment dedicated entirely to women and children.

It features a peaceful courtyard for patients, families and guests, as well as an abundance of amenities including complimentary birth planning service, free Wi-Fi and spacious family lounges.

Conveniently located in the heart of Fort Wayne, Parkview Hospital also offers a well-equipped Family Birthing Center ready to deliver top-notch care. The experienced staff and numerous amenities make families and visitors feel right at home.

Every expectant mother plans to have an uncomplicated pregnancy and delivery. When special needs arise, Parkview's state-of-the-art Newborn Intensive Care Unit (NICU) offers technology and expert nursing care. The 31-bed NICU features private rooms in which parents and newborns share living space, allowing parents and other family members to participate in the care of their infants and encouraging the bonds so essential during the early stages of life. Board-certified neonatologists provide physician coverage 24 hours a day, seven days a week. Private rooms also reduce light and sound stimuli that can be harmful to premature infants.

Most newborns will not need the specialized care provided by the NICU. These infants and their families will thrive within the caring atmosphere and personal attention of the Parkview Family Birthing Center. Nearly 2,500 infants are born at the Family Birthing Center of Parkview Hospital and Parkview Women's & Children's Hospital each year.



## PARKVIEW WOMEN'S HEALTH CENTER

Parkview Women's Health Center recognizes the unique, individual health and wellness needs of women individually throughout the various stages of their lives. The center works with physicians, nurse practitioners and other medical and support staff who share the passion for holistic health to offer a comprehensive, coordinated and accessible network of care for the mind, body and spirit.

By joining the Parkview Women's Health Center membership program, women have access to a support system that nurtures well-being and enriches lifestyle. Members receive special invitations to many members-only events featuring speakers, health screenings and much more.

The Women's Health Center has developed many classes and services that have a positive impact for women across their lifespan. Some of the center's offerings include:

### Massage Services:

- Swedish Massage
- Hot Stone Therapy
- Belavi Facelift Massage
- Paraffin Wax Treatment

### Exercise programs:

- NIA classes
- Yoga classes

### Wellness and nutrition programs:

- Many wellness and nutrition programs and services are offered throughout the year, on cooking, heart health, stress management, family health, safety and other topics.

### Prenatal programs:

- Free maternity club Great Expectations
- A variety of prenatal classes -- Preparing for childbirth, parenting, breastfeeding, and sibling preparation

### Support and discussion groups:

- Experienced professionals provide leadership for groups in a warm and welcoming gathering place.

### Skin care:

- L'ATHENE, a line of pure cosmeceutical skin treatments that combat signs of aging, target fine lines and wrinkles and help repair sun damage.

### Other services available:

- Personal wellness profiles
- Lactation consultants
- Licensed private-practice mental health counselor
- Lending library, Internet accessibility and free education materials

## Women's Health Services offered at Parkview:

Obstetrics/Family Birthing Center • Newborn Intensive Care Unit (NICU)  
Gynecological procedures • Mammography



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